



## DAY AND SCHOOL HOLIDAY PROGRAM

Appropriate for school age of 7-12 years  
and teens/youth of 13-17 years

**Arts and Crafts - 6 hours**  
(free trial for 1 activity)

- Candle Making
- Jewelry Making
- Knitting
- Using electronic writing pad such as doodle board and drawing tablet



**Indoor Games - 6 hours**  
(free trial for 1 activity)

- Table tennis
- Board games
- Numeracy/Literacy/Math



**Others:**  
Karaoke  
Lego  
Storytelling

**Outdoor Games- 6 hours**  
(free trial for 1 activity)

- Basketball
- Bowling
- Fitness: Zumba or Yoga



## RESPIRE ACCOMMODATION

Ratio: 1:1 to 1:2 1:4



"When you have a disability, knowing that you are not defined by it, is the sweetest feeling."

By Anne Wafula-Strike  
(Paralympic racer)




## GET IN TOUCH

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